

Mountain Goat 5K



Foot Derby

A Trail-Run for Everyone!

April 3, 2010

at Pathfinders Youth Camp in Kingsport

Are you are you a Runner? Walker? Hiker?

Then come run the Mountain Goat, a race like no other, and prepare for a good ole' time and a challenging race. So kick up your heels and run the trails here at Pathfinders Camp!



Schedule of Events

- 8:30am open registration
- 11am 5K Race
- 11:30 am 5K Walk/Hike
- 12:30pm Awards

Fruit and drinks donated by
Kingsport Food City!

To register visit

www.runtricity.org

Or call 423-349-8078

Only runners that register
before March 26 are guaranteed
a t-shirt



Special trophies will be awarded to the
middle & high school that has the largest
number of student participants!

Check us out at www.pathfindersonline.com